my health care

Consuming Allergies & Home Medications Entered via my health care Portal

Date created: May 25, 2022
Audience: Pharmacists, Pharmacy Techs, Nurses, Nurse Practitioners, Physicians etc. (anyone who normally reviews and updates allergies and home medications in Expanse)
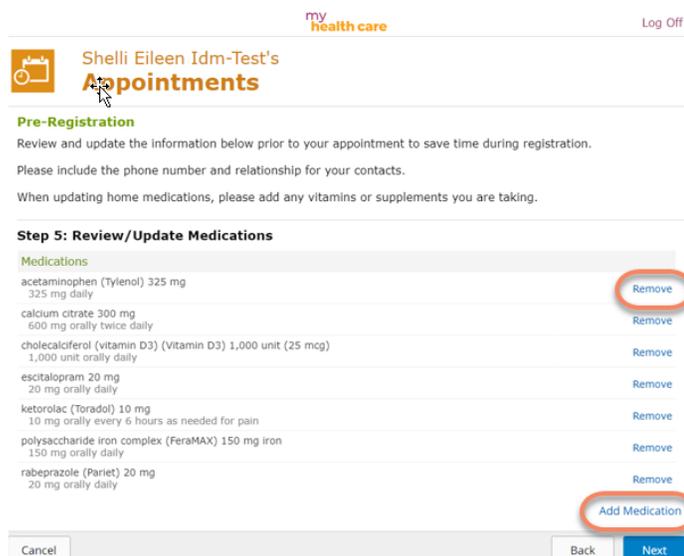
Overview

- Portal users can update their allergies and home medications prior to booked appointments (for clinics where a medication history is completed)
- Updates appear in Expanse as "External Data Available" and need to be- consumed by a clinician before they will show in the patient's allergies/home medications list

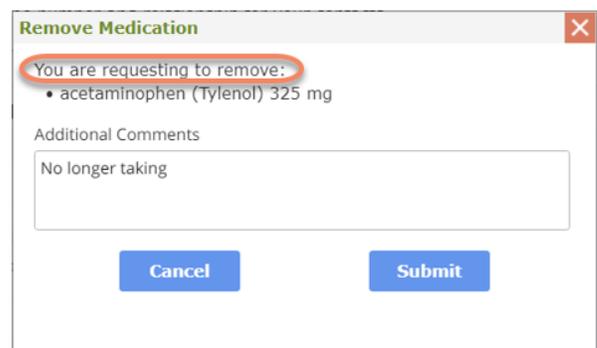## my health care Patient Portal – Updating Allergies and Home Medications

New appointments are listed on the home page (as well as within the Appointments section). Portal users can "pre-register" for their appointment. Note: pre-registering provides an opportunity to update allergies and home medications – it does not change registration status.

Portal users are prompted to review their medication list as it is documented in Expanse. They can request to remove medication they are no longer taking, and add new home medications.

Clicking **Remove** brings up the window below. Note: the portal user is "requesting to remove" the medication; it will not actually be removed from their medication list in Expanse until the request is verified and consumed by a clinician.

Clicking **Add Medication** brings up a window where portal users can enter the name of the medication (the search function points to the Expanse formulary). They are able to indicate their dose and prescriber information, as well as the reason for taking the medication.

Removed/added medications will remain separated from the patient's existing medications until consumed (either validated and accepted, or rejected) by the clinician.

Next, portal users are prompted to review their allergies as they are documented in Expanse. The process is the same as with medications – with an opportunity to remove and add allergies. When adding a new allergy the user can indicate the severity, reaction and any additional comments (not mandatory). These are viewable in Expanse during the consumption process.

Consuming the Home Medications and Allergies in Expanse

When edits to home medications or allergies have been made via the portal an **External Data Available** flag appears below the relevant section label in Expanse. Clinicians (except Providers) view the edits under the **Summary** tab in EMR:

Physicians view the edits in the reference region:

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Consuming Allergies

Click the **Edit** button to open the Enter/Edit routine.

	Allergy/AdvReac (External Data Available) [Edit]	Type	Severity	Reaction	Status	Date	
⊕	Iodinated Contrast Media	Allergy	Severe	Anaphylaxis	Verified	10/06/2021	
⊕	bee pollen	Allergy	Intermediate	Angioedema	Verified	20/05/2022	
⊕	codeine	Allergy	Intermediate	Dry Eye	Verified	20/05/2022	
⊕	caffeine	AdvReac	Intermediate	Fever	Verified	20/05/2022	

Active Medication | Dose | Route | Freq | Start

Then click **External Allergies**

Idm-Test,Six Shelli (Shelli Eileen)   Code Status Not Ordered No Hx Avail   VS0000277/22   V000000127
50 F 09/01/1972 She/Her/Hers   3767921186-DD   E00000143
REG SDC V.CARDIOVE   Adv: Iodinated Contrast Media, bee pollen, codeine, caffeine, External Allergy Data Available

Allergy requested to remove is in red

Enter/Edit Patient Allergies/Adverse Reactions
[New] [External Allergies] [Edit] [Audit] [Snapshot]

Allergen/AdvReac	Type	Severity	Reaction	Status	Date	
Iodinated Contrast Media	Allergy	Severe	Anaphylaxis	Verified	10/06/2021	
bee pollen	Allergy	Intermediate	Angioedema	Remove	20/05/2022	
codeine	Allergy	Intermediate	Dry Eye	Verified	20/05/2022	
caffeine	AdvReac	Intermediate	Fever	Verified	20/05/2022	

Add to Patient	External Allergen/AdvReac	Type	Severity	Reaction	Status	Report Date	Source	
✔ ✖ ⦿ Yes ○ No	Tylenol		Mild	Itchy		20/05/2022	Patient Portal	

Remove from Patient	Requested Allergen/AdvReac	Type	Severity	Reaction	Status	Report Date	Source	
✔ ✖ ⦿ Yes ○ No	bee pollen	Allergy	Intermedi...	Angioedema	Verified	20/05/2022	Patient Portal	

Action boxes below the existing **Allergen/AdvReac** box allow the clinician to either accept (Yes) or reject (No) the edit requested by the portal user. Selecting **Yes** to a request to add a medication allergy may open a window to where you will further specify the medication.

◁ ▷ External CCD Allergen/AdvReac 1 of 1
Adding External Allergen/AdvReac 'Tylenol'

Seed Type		
⦿ Starts with ○ Any word		Add As Uncoded
Search For	Tylenol	

Tylenol
Tylenol Allergy Extra Strength
Tylenol Allergy Sinus
Tylenol Back Pain Extra Str
Tylenol Body Pain Extra Str
Tylenol Cold + Mucous Relief
Tylenol Cold Daytime (PSE)
Tylenol Cold Rapid Release
Tylenol Cough
Tylenol Flu Night Time
Tylenol Menstrual
Tylenol No.1
Tylenol No.1 Forte
Tylenol Sinus
Tylenol Sinus Nighttime
Tylenol Ultra Relief
Tylenol with Codeine Elixir
Tylenol with Codeine No 2

Once selected, the allergy will populate in the existing Allergen/AdvReac section. Follow the regular process to validate the severity and reaction.

Allergen/AdvReac	Type	Severity	Reaction	Status	Date	
Iodinated Contrast Media	Allergy	Severe	Anaphylaxis	Verified	10/06/2021	
bee pollen	Allergy	Intermediate	Angioedema	Remove	20/05/2022	
codeine	Allergy	Intermediate	Dry Eye	Verified	20/05/2022	
caffeine	AdvReac	Intermediate	Fever	Verified	20/05/2022	
Tylenol	Allergy		★Edit	Verified	20/05/2022	

Consuming Home Medications

Click the **Edit** button to open the Enter/Edit routine.

If a medication removal has been requested, the portal user icon will appear in the **Status** column.

Highlight that medication to view the **Patient Request to Remove** comment.

Proceed with the usual process to discontinue the medication.

Before saving the change, click the **New** button to check whether the portal user has requested to add any new medications. If so, the **Patient Portal Medications to Add** window will be displayed.

As appropriate, accept (Yes) or reject (No) the new medication requested by the portal user. If Yes, scroll down to view any comments added by the portal user.

Proceed with the usual process to add a new medication.