



## Meet Rachel Belanger

### Trainer

**Site:** Georgian Bay General Hospital

**Modules:** All Modules

**Trainer Background:** RPN, BSc

**Fun Fact:** Rachel is certified in  
Reflexology





## Meet Alida Holmes

### Trainer

**Site:** Georgian Bay General Hospital

**Modules:** All Modules

**Trainer Background:** RPN, BSc

**Fun Fact:** Looking forward to the nice weather and to use my new fishing lures

